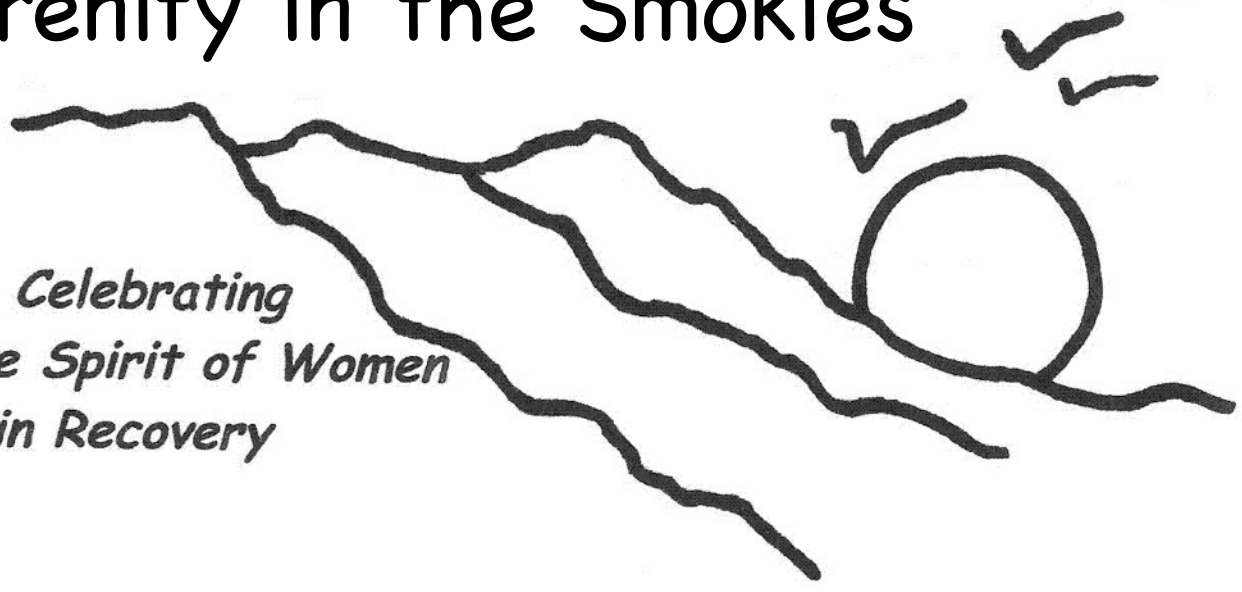


Serenity in the Smokies

*Celebrating
The Spirit of Women
in Recovery*

A simple line drawing of a mountain range with a sun and birds. The mountains are represented by several jagged, horizontal lines of varying heights. To the right of the mountains is a large circle representing the sun, with three small, curved lines above it representing birds in flight.

Stories of Recovery

- * Three nights of open speaker meetings

Seminars

- * Six different small group workshops to choose from for growth in recovery

Other Activities

- * Morning meditation practice
- * Afternoon 12-step meetings
- * Art therapy: express your creativity
- * Massage therapy appointments
- * Energy work sessions
- * Hiking trails and nature walks just outside your door
- * Arts and crafts room open 24 hours all weekend long
- * Walk the Labyrinth: slow and spiritual
- * Shop the Serenity sales table

Women's 12-step Retreat
October 27– October 30, 2011
Kanuga Conference Center
Hendersonville, NC

Serenity in the Smokies is a weekend of sharing experience, strength, and hope through open speaker meetings, seminars, sharing groups, meditation, and recreation. The seminars are designed to help each woman with personal, emotional, and spiritual growth.

This weekend is for any woman who utilizes Twelve-Step Recovery Programs to recover from alcoholism, codependency, and other addictions--including symptoms associated with being an adult child of an alcoholic/addict or living in a dysfunctional system.

For more information: SIS, P.O. Box 10266, Knoxville, Tennessee 37939

www.serenityinthesmokies.com

